

**Juan Pablo Jiménez MD PhD**  
Professor of Psychiatry (Universidad de Chile)  
Director, Millennium Institute for Research in Depression and Personality  
<<http://www.midap.org>>

### **Education**

- 1985-1990 PhD (Dr. med.) University of Ulm (Germany). *Magna cum Laude*.  
Dissertation: “The Loss-Separation model as psychoanalytic process model: A validation study”.
- 1980-1985 Training in Adult Psychoanalysis, Chilean Psychoanalytic Association.
- 1974-1978 Certification in Clinical Psychiatry. Universidad de Chile.
- 1967-1973 Medical Certification. University of Chile. *Unanimous Distinction*
- 1963-1966 Studies in Philosophy and Theology. Pontificia Universidad Católica de Chile

### **Affiliation to Scientific Societies:**

- International Psychoanalytic Association. 1987-to date
- Chilean Psychoanalytic Association. 1987-2017
- Santiago Psychoanalytic Association. 2018-to date
- Deutsche Psychoanalytische Vereinigung. 1987-1995
- Society for Psychotherapy Research. 1987-to date
- Sociedad Chilena de Neurología, Psiquiatría y Neurocirugía. 1976-to date
- Sociedad para el Desarrollo de la Psiquiatría. Chile. 2009-to date

### **Selected Positions and Employment–Professional responsibilities**

- 2019-2024 Director. Millennium Institute for Depression and Personality Research, MIDAP.
- 2000-2013 Head. Department of Psychiatry and Mental Health East. Faculty of Medicine. University of Chile.
- 2000 to date Director (founder) and Professor. Diploma in Psychoanalytic Psychotherapy. Department of Psychiatry and Mental Health East. Faculty of Medicine. University of Chile. Corporación de Salud Mental Salvador.  
<<http://psicoterapiafocal.cl/app/>>
- 2005-2014 Director (founder). PhD program in psychotherapy. Joint program between Universidad de Chile, Pontificia Universidad Católica de Chile.
- 2007-2013 Faculty. Research Training Program. International Psychoanalytic Association.
- 2008-2012 Member of the Conceptual Integration Committee. International Psychoanalytic Association
- 2009-2015 Visiting Professor. University College London. Department of Health and Educational Psychology (Prof. Peter Fonagy)
- 1994-2017 Professor, training and supervising analyst. Psychoanalytic Institute. Chilean Psychoanalytic Association.

- 1990-2021 Director and Professor. Training Program in Psychoanalytic Psychotherapy for Psychiatric Residents. Department of Psychiatry and Mental Health East. Faculty of Medicine. University of Chile
- 1990 to date Part-time private practice.

**Other previous positions and responsibilities**

- 2006-2008 President. *Federación Psicoanalítica Latinoamericana* (Fepal).
- 2005-2010 Director (founder) of the journal: *Gaceta de Psiquiatría Universitaria: Temas y Controversias* (Internet: <http://revistagpu.cl>).
- 1997-1999 Chair. Local Organizing Committee. 39th International Psychoanalytical Congress. Santiago de Chile.
- 1994-2007 Member. Research Advisory Board, International Psychoanalytic Association.
- 1994-1998 President. Chilean Psychoanalytic Association.
- 1994-1996 Member of the House of Delegates. Latin-American Representative at the Executive Council, International Psychoanalytic Association.
- 1995-2005 Professor, PhD Program in Psychology Faculty of Social Sciences. Universidad de Chile.
- 1992-1994 President (Founder). Latin American and Chilean Chapter, Society for Psychotherapy Research.
- 1987-1990 Associate Researcher. Psychotherapy Department. University of Ulm (Germany).

**Selected Honors**

- 2019 Invited Speaker. Sandler Conference, International Psychoanalytic Association. BuenosAires Argentina
- 2019 Invited Speaker. "Rethinking: The role of early trauma in depression". Facultad de Psicología". Pontificia Universidad Católica de Lima. Perú
- 2018 "Luis Tapia Villanueva" Award for contributions to clinical theory and practice, teaching and research in Psychotherapy (Universidad del Desarrollo).
- 2018 Invited Speaker. Sandler Conference, International Psychoanalytic Association. LosAngeles, USA.
- 2017 Invited speaker. Keynote lecture: "Looking back towards the future of psychoanalysis:A second chance". German Psychoanalytic Association Congress. Ulm, Germany.
- 2016 Invited Speaker. Sandler Conference, International Psychoanalytic Association. BuenosAires, Argentina
- 2013 Invited Speaker. Sandler Conference International Psychoanalytic Association. Frankfurt. Germany
- 2013 Opening lecture. 1<sup>st</sup> Congress of the Chilean Society for the development of Psychiatry. Santiago, Chile.
- 2013 Invited Speaker. International Psychoanalytic University. Berlin, Germany.

- 2009 Invited speaker (Keynote lecture): “Grasping psychoanalyst’s practice in its own merits”. 46th Congress of the International Psychoanalytical Association, Chicago, 29 July – 1 August 2009.
- 2008 Invited speaker: “Political violence and repair strategies on action – The Chilean experience”. 7th Delphi International Psychoanalytical Symposium on Psychoanalysis and Ideologies, “Psychoanalysis and Political Violence”. Delphi, Greece, 24-28 October 2008.
- 2008 Opening lecture: “The person of the analyst”. XXVII Congreso Latinoamericano de Psicoanálisis. Santiago
- 2007 Invited speaker. 6° Symposium. Asociación Psicoanalítica de Córdoba. “The Psychoanalysis and the psychoanalyst”.
- 2005 Invited speaker. Main lecture, “After Pluralism: Towards a New Integrated Psychoanalytic Paradigm”. IX Congreso Peruano de Psicoanálisis.
- 2004 Invited speaker. Keynote lecture. “Current developments and scope of research in psychotherapy”. XVI Congreso Nacional de Psicología Clínica. Santiago.
- 2002 Opening lecture. "Bridges and Perspectives, building bridges between research and the clinical practice": 3er Encuentro Psicoterapéutico. Comité de Psicoterapia, Sociedad de Neurología, Psiquiatría y Neurocirugía. 5° Congreso Sudamericano de Investigación Empírica en Psicoterapia. Society for Psychotherapy Research. Viña del Mar. Chile.
- 2000 Invited speaker. Main lecture: “50 years of process and outcome research in psychotherapy and psychoanalysis”. XVI Congreso de la Asociación Regiomontana de Psicoanálisis. Monterrey, México.
- 1999 Invited speaker: “El Método Psicoanalítico, los psicoanalistas y la institución”. Sociedad Argentina de Psicoanálisis, Buenos Aires.
- 1999 Keynote speaker. 2° Congreso Nacional de Ciencias Sociales. Universidad de Tarapacá. Arica. “Determinismo, Libertad y Responsabilidad en Freud”.
- 1999 Invited speaker International Conference: “Psicoterapia: Pasado, presente y perspectivas”. Ministeriode Salud del Perú. Hospital Víctor Larco Herrera, Lima.
- 1992 Invited professor. "42. Lindau Psychotherapy week. Germany.
- 1985-1987 *Alexander von Humboldt Foundation*. Special Research Scholarship. Department of Psychotherapy, Faculty of Medicine, University of Ulm. Germany.

### **University Teaching**

- 1990-2021 Undergraduate teaching. Psychiatry. University of Chile
- 2000 to date Professor and Director. Training program in Psychoanalytic Psychotherapy. Department of Psychiatry and Mental Health East. Universidad de Chile, Corporación de Salud Mental Salvador.
- 2005 to date Member of the Faculty. PhD program in psychotherapy. Joint program between Universidad de Chile, Pontificia Universidad Católica de Chile

2006-2013 Member of the Faculty. Research Training Program. London. Sponsored by the International Psychoanalytical Association and University College London.

### **Research and Theoretical Interests**

- Process and outcome research in Psychotherapy.
- Multidimensional study of Depression (from genetics to culture)
- Epigenetics and Psychotherapy
- Psychoanalysis and Neuroscience
- Psychiatric and Psychotherapeutic Training for General Practitioners.
- Perversion and Psychoanalysis
- Epistemological and Conceptual aspects of Psychiatry and Psychoanalysis.

### **Publicly funded research projects (last 10 years)**

1. Principal Researcher. *Instituto Milenio para la Investigación en Depresión y Personalidad* (Millennium Institute for Research in Depression and Personality, MIDAP), Innovation and Competitiveness Fund (FIC) of the Chilean Ministry of Economy, Development and Tourism, through the Millennium Scientific Initiative, Grant N\_IS130005 (2015-2024)
2. Principal Researcher. CONICYT (National Fund for Research and Technology), FONDECYT Project N\_1150166, and Grant N\_PII20150035, *Gen Culture Interaction in Depression and Subjective Well-being in Chile*. (2015-2019)
3. Associate Researcher. *Nucleus on Psychological Intervention and Change in Depression*. Innovation and Competitiveness Fund (FIC) of the Chilean Ministry of Economy, Development and Tourism, through the Millennium Scientific Initiative (NS100018)] (2012-2014)
4. Principal Researcher. *Scientific Cooperation Program with Latin American Universities (Universidad de Chile) and KU Leuven*, 2012–2013.
5. Principal Researcher. *Evaluation of a training program for general practitioners in the diagnosis and management of depressive disorders at the primary care level* [Fondo Nacional de Investigación y Desarrollo en Salud (Fonis)], Comisión Nacional de Investigación Científica y Tecnológica, Conicyt. (SA09I20014)] (2010-2012)

### **Selected peer-reviewed publications (last 10 years; of a total of more than 100: 1976 - 2021)**

Altimir C and **Jiménez JP** (2021) The Clinical Relevance of Interdisciplinary Research on Affect Regulation in the Analytic Relationship. *Front. Psychol.* 12:718490. doi: 10.3389/fpsyg.2021.718490.

José Luis Rossi, **Juan Pablo Jiménez**, Paulina Barros & Bárbara Said. (2021) Depression and psychological well-being in university students: A Theoretical Review. *Journal of Mood Disorders.* 17 (1) pp.25-39.

Carolina Altimir & **Juan Pablo Jiménez** (2020): Walking the middle ground between hermeneutics and science: A research proposal on psychoanalytic process, *The International Journal of Psychoanalysis*, DOI: 10.1080/00207578.2020.1726711

- Ulises Ríos, Pablo R. Moya, Óscar Urrejola, Jimena Hermosilla, René Gonzalez, Paulina Muñoz, Javier Moran, Paula Solervicens, **Juan Pablo Jiménez** (2020) History of child abuse among patients with bipolar disorders. *Rev Med Chile*; 148: 204-210
- Ulises Ríos, Pablo R. Moya, René Gonzalez, Jimena Hermosilla, Óscar Urrejola, Paulina Muñoz, **Juan Pablo Jiménez** (2020) P.342 Association between childhood trauma and social cognition, and moderation role by FKBP5, in patients with bipolar disorder I in euthymia. *European Neuropsychopharmacology* 29(supl 6):s243 DOI: [10.1016/j.euroneuro.2019.09.360](https://doi.org/10.1016/j.euroneuro.2019.09.360)
- Juan Pablo Jimenez** & Carolina Altimir (2019) Beyond the hermeneutic/scientific controversy: A case for a clinically sensitive empirical research paradigm in psychoanalysis, *The International Journal of Psychoanalysis*, 100:5, 940-961, DOI: 10.1080/00207578.2019.1636253
- Rossi JL, **Jiménez JP**, Barros P, Assar R, Jaramillo K, Herrera L, Quevedo Y, Botto A, Leighton C, Martínez F (2019) Depressive symptomatology and psychological well-being in Chilean university students. *Rev Med Chile* 147: 579-588.
- Jiménez JP**, Botto A, Herrera L, Leighton C, Rossi JL, Quevedo Y, Silva JR, Martínez F, Assar R, Salazar LA, Ortiz M, Ríos U, Barros P, Jaramillo K, and Luyten P. (2018) Psychotherapy and Genetic Neuroscience: An emerging dialog. *Frontiers in Genetics*, 17 July 2018.
- Leighton C, Botto, A, Silva JR, **Jimenez JP**, Luyten P (2017) Vulnerability or Sensitivity to the Environment? Methodological Issues, Trends, and Recommendations in Gene–Environment Interactions Research in Human Behavior. *Front. Psychiatry*, 15 June 2017.
- Krause M, Güell P, Jaramillo A, Zilveti M, **Jiménez JP**, Luyten P (2016) Changing communities and increases in the prevalence of depression: is there a relationship? *Universitas Psychologica* 14(4):1259 January 2016  
DOI:10.11144/Javeriana.UPSY14-4.ccip
- Jiménez JP** (2016) Unconscious fantasy (or phantasy) as clinical *concept*. *Int J Psychoanal.* doi:10.1111/1745-8315.12513
- Jiménez JP** (2015) Psychoanalysis in postmodern Times: Problems and Challenges. *Psychoanalytic Inquiry* 35:609–624. doi: 10.1080/07351690.2015.1055221
- Bohleber W, **Jiménez JP**, Scarfone D, Varvin S, Zysman S. (2015) Unconscious phantasy and its conceptualizations: An attempt at conceptual integration. *Int J Psychoanal* 96:705–730. doi: 10.1111/1745-8315.12315
- Huepe G, Cárcamo Marcelo, Acuña Julia, Botto Alberto, **Jiménez JP** (2015) Qualitative impact of a training program on depressive disorders for primary care physicians. *Rev Med Chile*, 143: 795-800.
- Botto A, Acuña J, **Jiménez JP** (2014) A new proposal for the diagnosis of depression. *Rev Med Chile* 2014; 142: 1297-1305.
- Jiménez JP** (2014) Psychotherapy between cultures: A South American View. *Psyche-Zeitschrift für Psychoanalyse und ihre Anwendungen*. 68 (3) 193-215.
- Bohleber W, Fonagy P, **Jiménez JP**, Scarfone D, Varvin S, Zysman S. (2013) Towards a better use of psychoanalytic concepts: A model illustrated using the concept of enactment. *Int J Psychoanal*, 94 (3): 501-530. DOI: 10.1111/1745-815.12075

Acuña J, Schiattino I, Horwitz N, Bascuñan ML, **Jiménez JP**. (2013) Characteristics of employment and wellbeing among physicians working in Santiago, Chile. *Revista Medica de Chile*, 141 (2): 187-193.

**Jiménez JP** (2012) Tradition and renewal in the interpretation of dreams. *Psyche-Zeitschrift für Psychoanalyse und ihre Anwendungen*. 66 (9-10): 803-832.

Bascuñan ML, Horwitz N, Schiattino I, Acuña J, **Jiménez JP** (2011) A survey about physicians' professional satisfaction. *Revista Medica de Chile*, 139 (10): 1305-1312.

Horwitz N, Bascuñan ML, Schiattino I, Acuña J, **Jiménez JP** (2010) Generation and validation of a scale to measure physicians' wellbeing. *Revista Medica de Chile*, 138 (9): 1084-1090.

**Jiménez JP** (2010) Sociopolitical violence: psychosocial strategies and actions of reparation: The case of Chile. *Psyche-Zeitschrift für Psychoanalyse und ihre Anwendungen*. 64 (4): 336-345.

#### **Selected Books (of a total of 11 books)**

- **JP Jiménez**, A. Botto & P Fonagy (eds) (2022) *Etiopathogenic Theories and Models in Depression*. Springer (in press)
- **Juan Pablo Jiménez** & Josefina Figueroa. *La Práctica del Psicoanálisis: Evolución y Actualidad* [The Practice of Psychoanalysis: Evolution and Actuality]. Santiago: Mediterráneo 2019.
- **Juan Pablo Jiménez** & Rodolfo Moguillansky. *The Illusory Bond. Theoretical and Clinical Aspects of Perversion*. London: Karnac. 2011.
- Acuña J, Botto A, & **Jiménez JP**. *Psiquiatría para Atención Primaria y el Médico General*. Santiago Mediterráneo. 2009.

#### **Selected book chapters (of a total of 27 book chapters)**

- **Juan Pablo Jiménez**, Alberto Botto. "Models in depression and clinical judgment, or how to use different etiopathogenic models with a particular patient". In JP Jiménez, A. Botto & P Fonagy (eds) *Etiopathogenic Theories and Models in Depression*. Springer (in press).
- **Juan Pablo Jiménez**, Alberto Botto, & Peter Fonagy. The study of depression in the frame of the new research paradigm in psychiatry. In JP Jiménez, A. Botto & P Fonagy (eds) *Etiopathogenic Theories and Models in Depression*. Springer (in press).
- **Juan Pablo Jiménez**, "Acting out and Enactment" In: H. Thomä & H. Kächele *Psychoanalytic Therapy Principles and Practice Vol. 1: Principles. 2nd edition* Gießen: Psychosozial-Verlag.2020.
- **Jiménez JP**, "Las psicoterapias psicodinámicas (psicoanalíticas) en Psiquiatría" [Psychodynamic (Psychoanalytic) Psychotherapies in Psychiatry]. In: *Tratado de Psiquiatría*. Santiago Sociedad Chilena de Psiquiatría. 2017.
- **Jiménez JP**, "The manifest dream is the real dream: The changing relation between theory and practice in the interpretation of dreams". In: P Fonagy, H Kächele, M Leuzinger-Bohleber, & D Taylor (eds.) *The Significance of Dreams. Bridging Clinical and Extraclinical Research in Psychoanalysis*. 2012. London: Karnac.

- **Jiménez JP**, “After pluralism: A new integrated psychoanalytic paradigm”. In: Giuseppe Leo(ed.) *Psychoanalysis and Its Borders*. 2012. Lecce (Italy): Frenis Zero Press

**Some of the last (2 years) scientific dissemination publications**

**Juan Pablo Jiménez** CIPER ACADÉMICO / OPINIÓN *Mirando el 18-O desde la salud mental: Cuando la violencia doméstica se tomó la calle* 17.11.2020.

**Juan Pablo Jiménez**, Alex Behn, Jorge Manzi & Paulina Flotts. CIPER ACADÉMICO / OPINIÓN. *Depresión y Malestar social en Chile (I): Lo que sabemos*. 05.12.2020.

Jorge Manzi, Paulina Flotts, **Juan Pablo Jiménez** & Alex Behn. CIPER ACADÉMICO / OPINIÓN. *Depresión y malestar social en Chile (II): lo que falta por saber*. 05.12.2020.

**Juan Pablo Jiménez**, Marcia Olhaberry & Alex Behn. CIPER / Opinión. *Crítica a la cobertura mediática de la encuesta Ipsos: “Tal vez nos sentimos peor que antes, pero eso no significa que estemos enfermos”*. 20.04.2021.